



CONFIRMATION FAQ



What happening with the sacrament of Confirmation?

Confirmation will move from 10th grade to 6th grade over a 3-year period beginning with 2027-2028. All parishes will use the same one-year, family-focused, formation framework that allows for local adaptations.



Why is the Diocese lowering the age for Confirmation?

We want our young people to have the gifts of the Holy Spirit sooner. We believe they are more receptive to the Church's vision, and it is better to receive the gifts of the Holy Spirit as they enter adolescence.



When will this change occur?

There will be no change for families in 2026-2027. Parishes may begin using a new formation framework for Confirmation sacramental preparation in 2027-2028.



What if my child is already in the sacramental preparation process?

Children already in sacramental preparation will continue with the program they have begun.



How long will the new preparation process be?

A one-year, family-focused formation process is being developed including adaptive sessions for the summer.



Who does this apply to?

This change applies to all Catholic families in the Diocese of Des Moines who want their children to receive the sacrament of Confirmation, including those in Catholic schools, public schools, and home schools.